



SALFORD HEART CARE 2022 BRANCH DATES: HEALTHY HEART CLUBS

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BRANCH	JAN		FEB		MAR		APR		MAY		JUN		JUL		AUG		SEPT		OCT		NOV		DEC	
Eccles Winton Social Club, Brookside/Grange Road, Winton M30 8JW Tuesdays 10am- 12pm	4		1		1		5-trip		3-trip		7		5		2		6		4		1 AGM		6	
	11		8		8-trip		12		10		14		12		9		13		11		8		13	
	18		15		15		19		17		21		19		16		20		18		15		20	
	25		22		22		26		24		28		26		23		27		25		22		27	
					29				31						30						29			
Irlam & Cadishead Irlam Steel Club, Liverpool Road, Irlam M44 6AJ Wednesdays & Fridays 10am- 12pm	5	7	2	4	2	4	6	1	4	6	1	3	1	3	5	7	2	5	7	2	4	7	2	
	12	14	9	11	9	11	8	8	11	13	8	10	6	8	10	12	9	12	14	9	11	7	9	
	19	21	16	18	16	18	13	15	18	20	15	17	13	15	17	19	14	16	19	21	16	18	14	16
	26	28	23	25	23	25	20	22	25	27	22	24	20	22	24	27	21	23	26	28	23	25	21	23
					30		27	29			29		27	29	31		28	30			30		28	30
Little Hulton St Paul's Peel community Hall Manchester Rd Little Hulton M38 9EG Fortnightly Wednesday 10am – 12pm	5		2		2		13		11		8		6		3		14		12		9		7	
	19		16		16		27		25		22		20		17		28		26		23		14	
					30										31								21	
Bereavement Support Group Cadishead Band Rooms Locklands Lane, Irlam M44 6RB Fortnightly on Tuesdays 10am- 12pm	11		8		8		5		3		14		12		9		6		4		1		13	
	25		22		22		19		17		28		26		23		20		18		15		27	
									31												29			
Irlam o'th Heights St. Luke's Community Hall, Swinton Park Rd M6 7WR Mondays 1.30-2.30pm	3		7		7		4		2		6		4		1		5		3		7		5	
	10		14		14		11		9		13		11		8		12		10		14		12	
	17		21		21		18		16		20		18		15		19		17		21		19	
	24		28		28		25		23		27		25		22		26		24		28		26	
	31								30						29				31				26	