



SALFORD HEART CARE 2019 BRANCH DATES: HEALTHY HEART CLUBS

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BRANCH	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
Eccles Patricroft URC Community Hall, Shakespeare Crescent, Eccles M30 0PE <u>Tuesdays</u> 10 am - 12.00 noon	1 8 15 22 29	5 12 19 26	5-trip 12 19 26	2-trip 9 16 23 30	7 14 21 28 CLOSED	4 11 18 25	2 9-trip 16 23 30	6-trip 13 20 27	3-trip 10 17 24	1 8 15 22 29	5 AGM 12 19 26	3 10-trip 17 party 24 31
Irlam & Cadishead Irlam Steel Club, Liverpool Road, Irlam M44 6AJ Every <u>Wednesday & Friday</u> 9.30 am - 12 noon	2 4 9 11 16 18 23 25 30	1 6 8 13 15 20 22 27	1 6 8 13 15 20 22 27 29	3 5 10 12 17 19 good friday 24 26	1 3 8 10 15 17 22 24 29 31	5 7 12 14 19 21 26 28	3 5 10 12 17 19 24 26 31	2 7 9 14 16 21 23 28 30	4 6 11 13 18 20 25 27	2 4 9 11 16 18 23 25 30	1 6 8 13 15 20 22 27 29	4 6 11 13 18 20 party 25-27
Little Hulton St Paul's Peel community Hall Manchester Rd Little Hulton M38 9EG <u>Fortnightly Wednesday</u> 10:30 am-12:30 pm	2 16 30	13 27	13 27	10 24	8 22	5 19	3 17 31	14 28	11 25	9 23	6 20	4 18
Bereavement Support Group Irlam Community Centre (Cadishead Band Room) Locklands Lane, Irlam M44 6RB <u>Fortnightly on Tuesdays</u> 10 am - 12.00 noon	8 22	5 19	5 19	2 16 30	14 28	11 25	9 23	6 20	3 17	1 15 29	12 26	10 24