Salford Heart Care

Registered charity number: 1136710

"THE PULSE"

June 2026

Improving health & wellbeing, reducing social isolation, preventing heart-related illnesses & after-care for people with heart conditions

Tel: 0161 707 7402

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Announcement

It is with great sadness we announce the death of our dear friend & member, Jackie Jarvis.



Jackie Jarvis

Jackie, aged 82, from Irlam, passed away in hospital after a very short illness on Friday 8th May 2026.

Jackie joined The Bereavement Group and Healthy Heart Club in 2022, following the passing of her husband. She developed into a volunteer role at the Bereavement Group, supporting and welcoming other newcomers. She joined us on many day trips and group lunches and was always smiling and liked a good giggle. She had many friends at the clubs and was a warm, welcoming and fun person to be around.

Jackie's funeral takes place on Tuesday 9th June, 12 noon at St. John's Church, Irlam, followed by committal at Peel Green Crematorium and wake at Irlam Steel Club. Her family welcome all her friends to attend and celebrate her life. They suggest wearing some pink or purple in her memory - her favourite colours.

Note: The Bereavement Group will open on Tuesday 9th June, but will finish at the slightly earlier time of 11:30am so that Jackie's friends can attend her funeral.

We send our heartfelt sympathy to Jackie's family & friends at this incredibly sad time.

Salford CVD Prevention Fund

Salford Heart Care has been awarded Cardiovascular Disease (CVD) Prevention Funding of £2,000 on behalf of NHS Greater Manchester (Salford) and Salford CVS. The funding will be used to support blood pressure testing at our clubs across Salford, with the aim of improving health and wellbeing, and raising awareness of CVD.

Funded by NHS Greater Manchester (Salford), with support from Salford CVS @SalfordCVS @SalfordICP

"THE PULSE" IS PUBLISHED BY SALFORD HEART CARE

An independent, local charity established 1987

Registered charity number: 1136710

https://www.salfordheartcare.co.uk/

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Follow us on Facebook:

https://www.facebook.com/SalfordHeartCare

Follow us on X: **@Salford_HeartC**

Donations welcome via PayPal Giving:

https://www.paypal.com/GB/fundraiser/charity/3206114

Irlam Live Fundraising Weekend May 2026



Jean Jackson volunteering on Friday afternoon

We had an amazing fundraising weekend at Irlam Live. The weather was glorious with lots of sunshine and no rain!

We were fundraising for Salford Heart Care's Irlam & Cadishead Healthy Hearts Social Club and our tombola stall raised an amazing **£770,** which is not far off last years' record total of £781.

We would like to thank all our hard working volunteers, members, and the wider community for supporting us. We would also like to thank the **organisers of Irlam Live: Phil Brookes & Darren Goulden**, for inviting us to have a stand at this fantastic event.

Thank you so much to everyone who supported us at the festival, and those who provided us with wonderful tombola prizes…. We had more than 420 prizes available to win over the 3-day event!

Irlam Live 2027

Save the date & look out for early bird tickets coming soon. Visit: **www.irlamlive.co.uk**

Friday 4th – Sunday 6th June 2027

"Happy Birthday"

This month we have lots of members celebrating special milestone birthdays:

Eccles members:

Janet Coomber
& Paul Wilcock

Irlam & Cadishead members:

Sylvia Eckersley,
Cynthia Farrington,
Alec Hughes
& Marjorie Mason

Little Hulton members:

Beryl Greenalgh
& June Hollick

We would like to wish you all a very "Happy Birthday" and hope you have a lovely time celebrating your special day!

The Oddfellows Arms

48 Church Street, Eccles

Charity Fundraising Day

for

Salford Heart Care

Saturday 25th July

2pm

** DJ * Sponsored dares * BBQ*
** Bouncy castle for the kids*

Come along - fun for all the family!

Social Events & Day Trips

Coach trips departing from Eccles (Monton) & Little Hulton:

Ambleside & Bowness
Tuesday 2nd June

Llandudno (coach only)
Tuesday 14th July £18

Lytham & Blackpool Ice Show
Monday 10th August £25
Lytham in the morning then onto Blackpool Ice Show to watch "Alice in a Wonderland of Dreams"

Southport
(coach only)
Tuesday 8th September £18

Christmas Party afternoon
at Inn on The Prom, Lytham
Tuesday 15th December £43
3 course lunch & entertainment

See Dot or Mavis to book (£5 deposit)

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Coach only day trips departing from Irlam, Cadishead & Hollins Green:

Conwy & Caernarfon
Thursday 4th June (full)

York
Thursday 16th July (full)

Shrewsbury
Thursday 6th August (full)

Frodsham Market & Chester
Thursday 24th September (full)

Group Lunch party
(transport not provided):

The Red Lion, Hollins Green
Thursday 18th June £13
3-course lunch & raffle

See Pat or Serena to book a place, or add your name to the waiting list

Salford Centenary Celebration Day

at

Irlam & Cadishead Healthy Heart Club

Irlam Steel Club, Liverpool Road M44 6AJ

Friday 26th June 2026

10 am – 3 pm

* Buffet Lunch
* Entertainment
* Bingo & raffle
* "Salford-themed" quiz

Booking essential – limited spaces

With funding support provided by Salford City Council & Salford CVS

#salfordcentenary #salfordmemories

@SalfordCVS @SalfordCouncil

Coming soon

Our second "Salford Centenary Celebration Day" will be arranged for August or September at Winton Social Club. Details to be announced soon.

Christmas Parties: save the date
Open for booking from September:

Eccles (Winton) Christmas Party:
Tuesday 8th December, 11am - 3pm
Entertainment with Sheila Diamond
Winton Bowling, Tennis & Social Club

Irlam & Cadishead Christmas Party:
Friday 18th December, 10am - 3pm
Entertainment with Sheila Diamond
Irlam Steel Club

Ye Olde Red Lion (Hollins Green) Christmas Lunch Party:
Thursday TBA December, 12 noon – 3pm

The Club House (Barton Airport) Christmas Party:
Monday 21st December, 12 noon – 4pm
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WHERE WE MEET

Irlams o' th' Height & Claremont Healthy Heart Club

St. Luke's Community Hall
Swinton Park Road
Irlams o' th' Height M6 7WR

Mondays 1.30pm - 2.45pm

Closed on Bank Holiday Monday 31st August

Chair yoga, bingo, raffle, refreshments & day trips

Winton Healthy Heart Club

Winton Bowling, Tennis & Social Club
Brookside (off Grange Road)
Winton M30 8JW

Tuesdays
10am - 12 noon

Chair yoga, bingo, "Play Your Cards Right", weight management, blood pressure & pulse testing, books & bric a brac stall, refreshments, day trips

Bereavement Support Group

Cadishead Band Room
Locklands Lane Irlam M44 6RB

Fortnightly Tuesdays
10am – 12 noon



➔ Tuesday 9th & 23rd June
➔ Tuesday 7th & 21st July
➔ Tuesday 4th & 18th August
➔ Tuesday 1st, 15th & 29th September

Group discussion with qualified counsellors, relaxation & refreshments

** Kindly supported by Cadishead Band Room providing the venue **

Little Hulton Healthy Heart Club

St. Paul's Peel Community Hall
Manchester Road
Little Hulton M38 9EG

Fortnightly Wednesdays
10am – 12 noon

➔ Wednesday 10th & 24th June
➔ Wednesday 8th & 22nd July
➔ Wednesday 5th & 19th August
➔ Wednesday 2nd, 16th & 30th September

Chair yoga, line dancing, bingo, "Play Your Cards Right", weight management, blood pressure & pulse testing, books & bric a brac stall, refreshments & day trips



Irlam & Cadishead Healthy Heart Club

Irlam Steel Club
Liverpool Road,
Irlam M44 6AJ

Wednesdays & Fridays
9:30am – 12 noon

Note: Friday 26th June (10am) is our Centenary Celebration day – for those who have booked a place

Chair yoga, chair exercise, dancing, bingo, "Play Your Cards Right", weight management, blood pressure & pulse testing, books & bric a brac stall, refreshments, day trips & party days

♥ New members always welcome
♥ No referral needed
♥ First visit is FREE
♥ You do not need to have a heart condition to attend

Just turn up on the day or call Serena on **0161 707 7402** for more information.