



**SALFORD HEART CARE
MINUTES OF THE ANNUAL GENERAL MEETING
HELD ON: TUESDAY 1st NOVEMBER 2022,
WINTON BOWLING, TENNIS & SOCIAL CLUB**

Present: Jim Collins (Chair, Director) Alan Rowe (Director & Treasurer)
 Vincent Clifford (Director) Victor Bailey (Director)
 Jean Chubb (Director) Barbara Walker (Director)
 Jane Hamilton (Therapist) Julie Clifford (Committee Member)
 Jean Hamilton (Honorary member)
 36 SHC members Serena Rice (Coordinator, minute taking)

Jim Collins opened the meeting at 10.55 AM. A one-minute silence was observed for those members who have passed away during the year.

1	Apologies	Action
	Apologies were received from Tricia Harris (Committee Member), Fred Gorvett, Pat Raynes and Harry Morris.	
2	Minutes	
	The minutes of the last meeting, held on Tuesday 9 th November 2021 were approved by Jane Hamilton and Sue Brimelow.	
3	Matters Arising	
	All matters arising will be discussed as part of the agenda.	
4	Report and Accounts	
a)	<p><u>Annual Report</u> Serena Rice (Coordinator) presented the Annual Report and highlighted the key points including the main sources of funding received during the year and attendance at the clubs. Serena noted the increase in the number of members attending the clubs in comparison to last year's figures, although still slightly lower than pre-pandemic turn-out.</p>	
b)	<p><u>Annual Accounts</u> Alan Rowe (Treasurer) presented the audited accounts for the year ending 30th September 2022.</p> <p>During this year, monthly accounts have been prepared to ensure figures balance with the bank accounts. Monthly accounts are available to the Directors. Cash receipts are banked as soon as possible.</p> <p>The Volunteer Fund presents all transactions and costs associated with the Volunteer Party held in June. A profit of £60 was made due to the raffle.</p> <p>Investments: The investment with Bright started with a net amount of £47,500, after costs, 3 years ago. A loss was made during the pandemic. At December 2021, the value was £49,000. At the year end, the value dropped to £43,000. The investment was discussed at last week's committee meeting, and it was agreed that the investment should continue.</p> <p>The Nationwide savings account has produced £2,434 interest over 3 years. Two additional savings accounts have been opened during the period with Nationwide and Virgin (with shorter fixed terms).</p>	

	<p>The main HSBC current account was closed down at the end of 2021 due to the introduction of monthly charges and banking fees. The new account with Virgin Money has no charges and rewards us with a small amount of credit interest.</p> <p>The audit was completed last week, and a certificate of approval signed.</p> <p>The opening balance at 1st October 2021 was c.£174k and the closing balance at the year-end is c.£173k. Overall, each branch has ended the year with an increase in funds. £10,000 donation from Neil Degg has been shared equally between the 5 branches (£2,000 per branch).</p> <p>Alan asked if there were any questions on the accounts.</p> <p>The accounts were adopted - agreed by Jane Hamilton and David Gorvett.</p>	
5	Appointment & Election of Officers	
	<p>The Coordinator informed members that Jim Clough had resigned as a Director of Salford Heart Care on 17th October 2022. Tricia Harris and Julie Clifford have joined the Steering Committee and attended their first meeting last week.</p> <p>Members were invited to join Salford Heart Care's Steering Committee and explained how much time and commitment this would require.</p> <p>The members agreed that the Directors and Committee Members should be reappointed for the forthcoming year and thanked Jim Clough for his support and send their best wishes.</p>	
6	Membership Subscriptions 2022-2023	
	<p>Alan Rowe proposed that membership subscriptions for this year should be nil (no charge). The Steering Committee met last week and put forward a recommendation that annual subscriptions should be waived for 2022-2023 financial year, given the ongoing cost of living crisis and its impact on our members. The financial impact on Salford Heart Care will be a cost of approximately £3,000.</p> <p>The Steering Committee also proposed the following actions to support members during the cost-of-living crisis:</p> <ul style="list-style-type: none"> • Introduce a "Free Day" at each club to be held once a year, where members do not pay admission and experience all the usual activities including exercise, bingo, raffle and refreshments. Members could be encouraged to "bring a friend" on this day to encourage new members. • Introducing a "cost of living fund" that can be used to provide extra support to members (additional raffle items, bingo prizes, gift vouchers). A fund of £5k will be made available for this purpose. • Income generated from the raffle introduced at Eccles and Little Hulton will be used to subsidise future day trips and social events for these members, acknowledging the increasing costs of coach hire. <p>Questions from members:</p> <p>Lynne Frier asked for clarification on the reason for waiving subscription fees this year. Alan explained that Salford Heart Care wanted to support members through</p>	

	<p>the cost-of-living crisis and that this would hopefully encourage new members to join too.</p> <p>Grace Jarvis said she would like to thank the Committee for the decision to waive the subscription fee this year. She explained that some members were in receipt of benefits and were struggling with rising costs.</p> <p>Jean Barr asked if the proposals had been agreed. Alan confirmed that the Steering Committee agreed with the proposals, and that members would be asked for a show of hands to indicate their support.</p> <p>Dot Highcock asked how we would know who was a member of Salford Heart Care if there was no membership fee. The Coordinator emphasised the importance of keeping member's contact details and supporting information up to date and confirmed that all new members would still be required to complete a registration form to capture contact details and emergency contact information. Membership data would be collected and kept up to date using attendance records at the clubs.</p> <p>All members present at the meeting agreed with the proposal that subscriptions should be waived for 2022-2023, and also supported the additional proposals to support members during the cost-of-living crisis.</p>	
7	<p>Any Other Business</p>	
	<p>Marion El Qasem asked if Fred Fielder was still a patron of Salford Heart Care. She made members aware of his recent illness. Jim Collins confirmed that Fred was no longer a patron of the charity due to time constraints and illness. Fred is still aware of our work and has promoted Salford Heart Care using social media channels, such as Facebook. We send our best wishes to Fred.</p> <p>Jean Barr asked if it was possible to provide tai chi classes at Eccles to help support members with balance and reduce the risk of falls. Jean was aware that tai chi was offered at local community centres in Salford. The Coordinator agreed to investigate this further, explaining that she had encountered difficulty finding suitable instructors that were willing to provide instruction at our clubs. 4 members attending the AGM said they would take part in tai chi classes if they were provided.</p> <p>David Gorvett asked if day trips and holidays were being organised for 2023. The Coordinator confirmed that discussions were taking place in support of subsidised coach trips, and that the volunteers would need to organise these social events.</p> <p>Marion El Qasem was concerned that not all members attend the day trips and would therefore not benefit from the subsidised prices from raffle income. The Coordinator explained that participation in the raffle was voluntary and that a ticket for £1 would provide the chance of winning around one of 6 prizes.</p> <p>Shelagh Higginbottom asked if there was a problem with printing due to the lack of paper copies of documents available at the meeting. The Coordinator emphasised that costs had increased (paper, ink, energy costs), as well as the amount of time it would take to print off enough copies for each member, and also wanted to reduce energy use and the impact on the environment by cutting down on waste. Where possible, documentation had been emailed to members a week</p>	

prior to the AGM. The information is also available on the website and via Facebook, and was sent to members via WhatsApp. A projector was also used to present the information at the AGM.

Jane Hamilton asked if members felt that the club at Little Hulton was progressing well since the pandemic. Dot Highcock confirmed that there were several new members attending Little Hulton, and that the club had a more vibrant atmosphere with younger members joining. However, Dot was concerned that exercise instruction was not always available at each session and that members were disappointed by the lack of activities when this occurred. The Coordinator confirmed that she was aware of this situation and had experienced difficulty finding cover for the classes.

Jim Collins requested that where possible, members who attend the club by car should help those members who are struggling to obtain transport and had to rely on taxis or buses.

Patti Harnett provided the members with an update on Harry Morris. Harry is currently in hospital and is very poorly. He will require more support when he is discharged from hospital. We send our best wishes to Harry.

Jane Hamilton and Jean Hamilton wished to congratulate Salford Heart Care on behalf of the members for the fabulous work and noted how hard the volunteers worked. Jane said she was very proud of the organisation and what had been achieved over the years and continued to raise awareness of our work in the community. Jean said it was wonderful to see that the club was still thriving after 35 years, when her husband, Bernard Hamilton, first established Salford Heart Care.

The Coordinator wished to extend thanks to Donna, who works at Winton Bowling, Tennis and Social Club, for her help setting up the club every Tuesday morning.

The meeting closed at 11.36am.